

Identify patients with cold hands sensation and confirm their eligibility (target number of patients = 14)

Randomize the participants

Experimental group (n = 7)

Acupuncture plus medication

Control group (n = 7)

medication only

- Acupuncture: 3 sessions per week
- Medication: nifedipine 5 mg daily + beraprost 20 mg three times daily

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Duration of treatment: 3 weeks

Assess outcomes at baseline and at 1, 3, and 5 weeks thereafter