

Enrollment

Allocation

Analysis

Assessed for eligibility by clinical staff (n = ...)

Excluded (n = ...)
Not meeting inclusion criteria (n = ...)

Information sheets sent to eligible patients and carers (n = ...)

Excluded (n =...)
Refused to participate (n = ...)
Other reasons (n = ...)

Data collection T0
Meeting with Research Nurse at Epilepsy Clinic to check understanding, consent, and randomise. Completion of baseline questionnaires.

Allocated to intervention (n = ...)
Received allocated intervention (n = ...)
Did not receive allocated intervention (n = ...)

Allocated to control (n = ...)
Received allocated intervention (n = ...)
Did not receive allocated intervention (n =...)

Data collection T1
Week 4 follow-up

Lost to follow up (n = ...)
Discontinued intervention (n =...)

Data collection T2
Week 12 follow-up

Lost to follow up (n = ...)
Discontinued intervention (n = ...)

Semi-structured interviews

Data collection T3
Week 20 follow-up

Analysed (n = ...)
Excluded from analysis (n = ...) (give reasons)