

Additional file 2: Summary of intervention trainings

Healthcare Provider	Training Components	Duration	Trainer
Community health workers (CHW)	<ol style="list-style-type: none"> 1. Home Health Education (HHE) 2. Blood pressure measurement and interpretation and stepped-up referral to GP included in training on; 3. CHW BP Monitoring and HHE Checklist 4. Referral Checklist 5. Standardized lifestyle messages for better control of blood pressure 6. Behaviour change communication strategies 	5 days 1 day follow-up refresher session will be held after 2 months and then Annual re-training	Nutritionist
Research staff	<ol style="list-style-type: none"> 1. Proper method of measuring and interpreting blood pressure 2. Identification of urgent cases and standard procedure for referring to higher levels of care 3. Proper method of taking anthropometric measurements 4. Procedure for obtaining and recording informed consent 5. Interview and data collection techniques 6. Standardized techniques of editing data collection forms 7. Realize and record adverse events during the follow up visits and report to the site PIs 	1 day re-training will be during 4 hour session after 3 months and then Annual re-training	Study coordinators
Providers (nurses, pharmacists/ dispensers) in public, and GPs in public and private clinics)	<p><i>Hypertension Management Manual for Clinic Providers consists of training on:</i></p> <ol style="list-style-type: none"> 1. BP measurement using digital Omron device 2. Lifestyle advice 3. Anti-hypertensive treatment algorithm per protocol 4. Assessing risk factors and comorbidities and risk stratification, and initiation of lipid lowering therapy 5. Clarity on mechanism of physician oversight 6. When to refer individuals to the next level of care 7. Maintain GP Management Checklist 	1 day re-training will be during 4 hour session after 3 months and then Annual re-training	Family Physician or Hypertension Specialist e.g. Cardiologist, Nephrologist, Internist