*Additional file 1: Figure S1.* COMPASS study CONSORT flow diagram

**Eligible for participation**

(n=95)

**Agreed to Participate**

(n=41)

**Declined to participate (n=54)**

**Excluded (n=15)**

Did not meet inclusion criteria (N=15)

**Assessed for eligibility**

(n=110)

**Two paired as single randomization unit**

**Randomized**

(n=40)

**Intervention**

(n=20)

**Usual Care**

(n=20)