

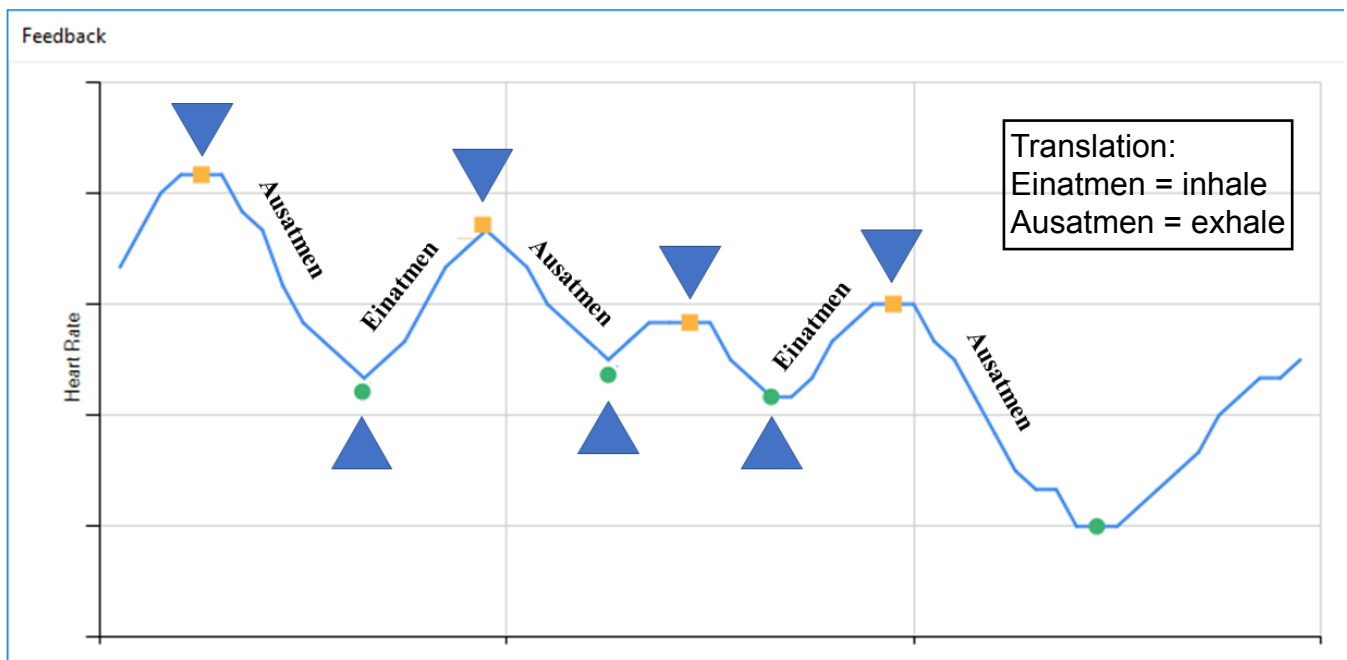
ADDITIONAL FILE 3: Effects of Heart Rate Variability Biofeedback during Exposure to Fear-Provoking

Stimuli within Spider Fearful Individuals: Study Protocol for a Randomized-Controlled Trial

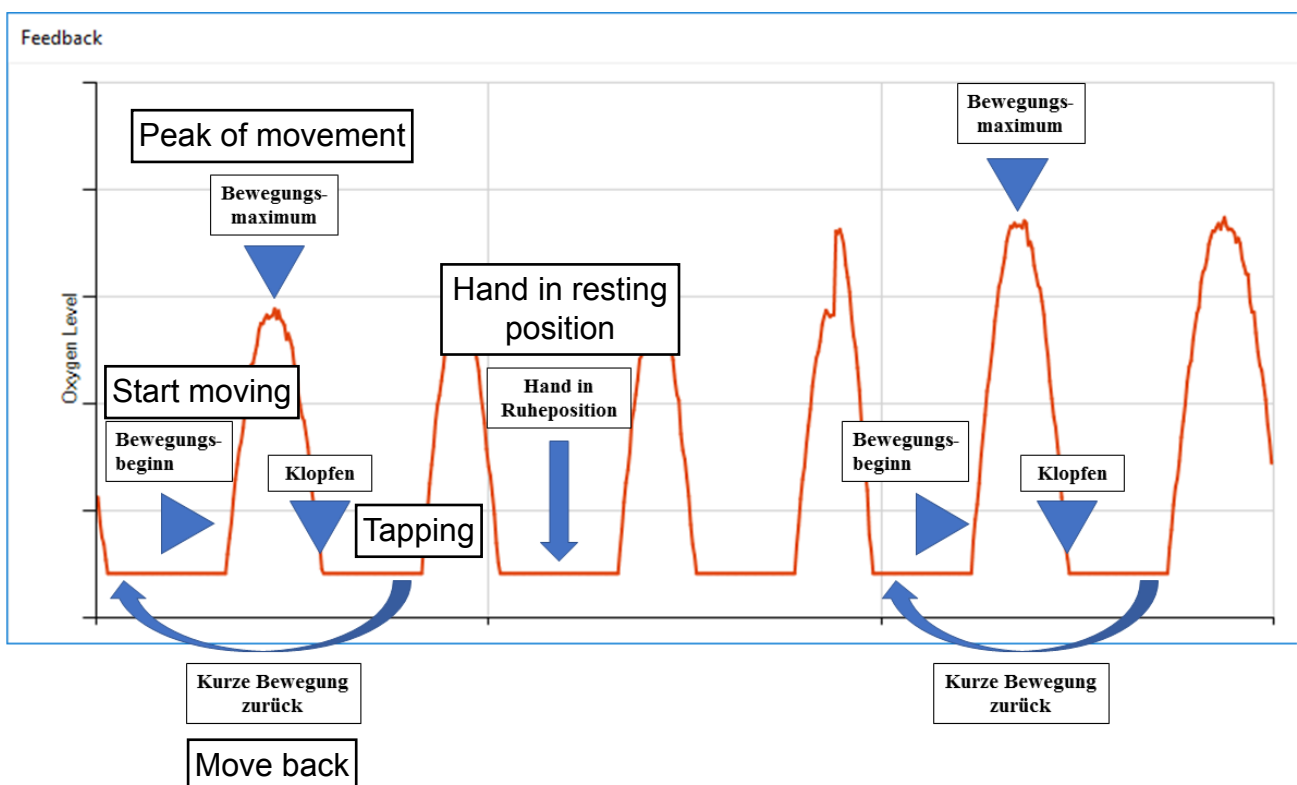
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Staginnus, Johanna Lass-Hennemann & Tanja Michael

I. HRV Biofeedback



II. Tapping Task



III. Rhythmic hand movement

