

# GOAL

ENHANCING PATIENT-CENTRED CARE

## Medical Appointments Diary

Participant ID:      -



**PLEASE USE THIS  
THROUGHOUT THE GOAL  
TRIAL**





## Why do I have to complete this diary?

The information will help the research team to study the resources needed to provide consistent and high-quality healthcare in future.

## What do I need to do?

- Note your medical or health care appointments or tests
- A new diary will be given to you when you join the GOAL trial and at your 3- and 6-month review appointments
- Complete and return the diary at your next GOAL Trial review appointment

## What do I record?

Any medical/health appointments that are day appointments. Some examples are below but you may have others:

- Nephrologist (Kidney)
- Geriatrician (doctor for elderly)
- Surgeon
- Physician
- Psychiatrist
- Ophthalmologist (eye)
- Cardiologist (heart)
- Chiropractor
- Dietitian
- Physiotherapy
- Occupational therapy
- Psychologist
- Respiratory specialist (lung)
- Community nurse
- Massage therapist
- X-rays
- CT scan
- Ultrasound scan
- MRI scan
- PET scan
- Bone scan
- Mammogram



# Medical/health appointments

(Excluding overnight hospital stays)

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# Thank you for taking part in the GOAL Trial

## Contact Us

If you aren't sure what to record or need a new diary, contact



Please use this throughout the  
GOAL trial

