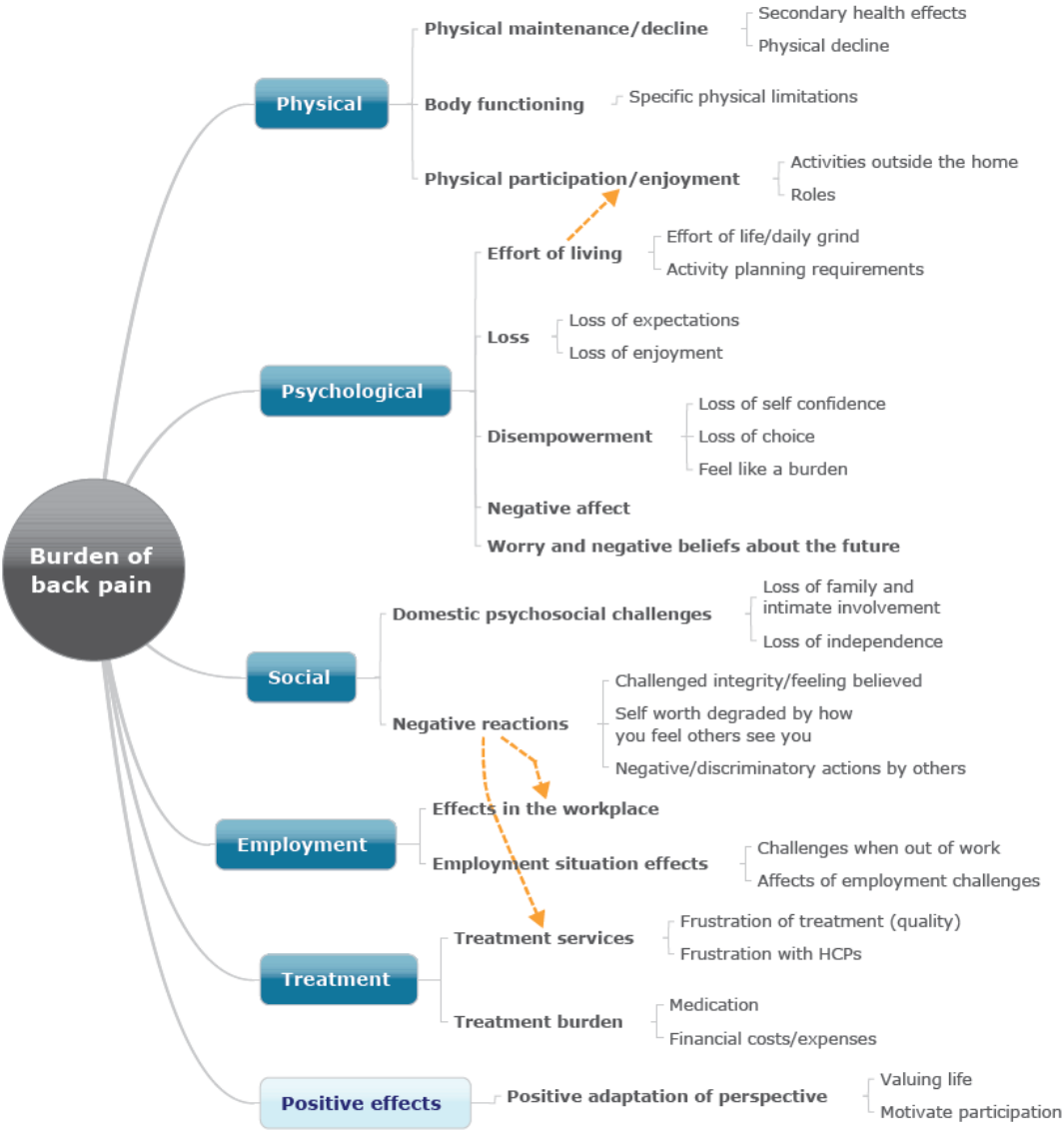
Burden of back pain
Physical
Physical maintenance/decline
Secondary health effects
Physical decline
Body functioning
Specific physical limitations
Physical participation/enjoyment
Activities outside the home
Roles
Psychological
Effort of living
Effort of life/daily grind
Activity planning requirements
Loss
Loss of expectations
Loss of enjoyment
Disempowerment
Loss of self confidence
Loss of choice
Feel like a burden
Negative affect
Worry and negative beliefs about the future
Social
Domestic psychosocial challenges
Loss of family and intimate involvement
Loss of independence
Negative reactions
Challenged integrity/feeling believed
Self worth degraded by how you feel others see you
Negative/discriminatory actions by others
Employment
Effects in the workplace
Employment situation effects
Challenges when out of work
Affects of employment challenges
Treatment
Treatment services
Frustration of treatment (quality)
Frustration with HCPs
Treatment burden
Medication
Financial costs/expenses
Positive effects
Positive adaptation of perspective
Valuing life
Motivate participation