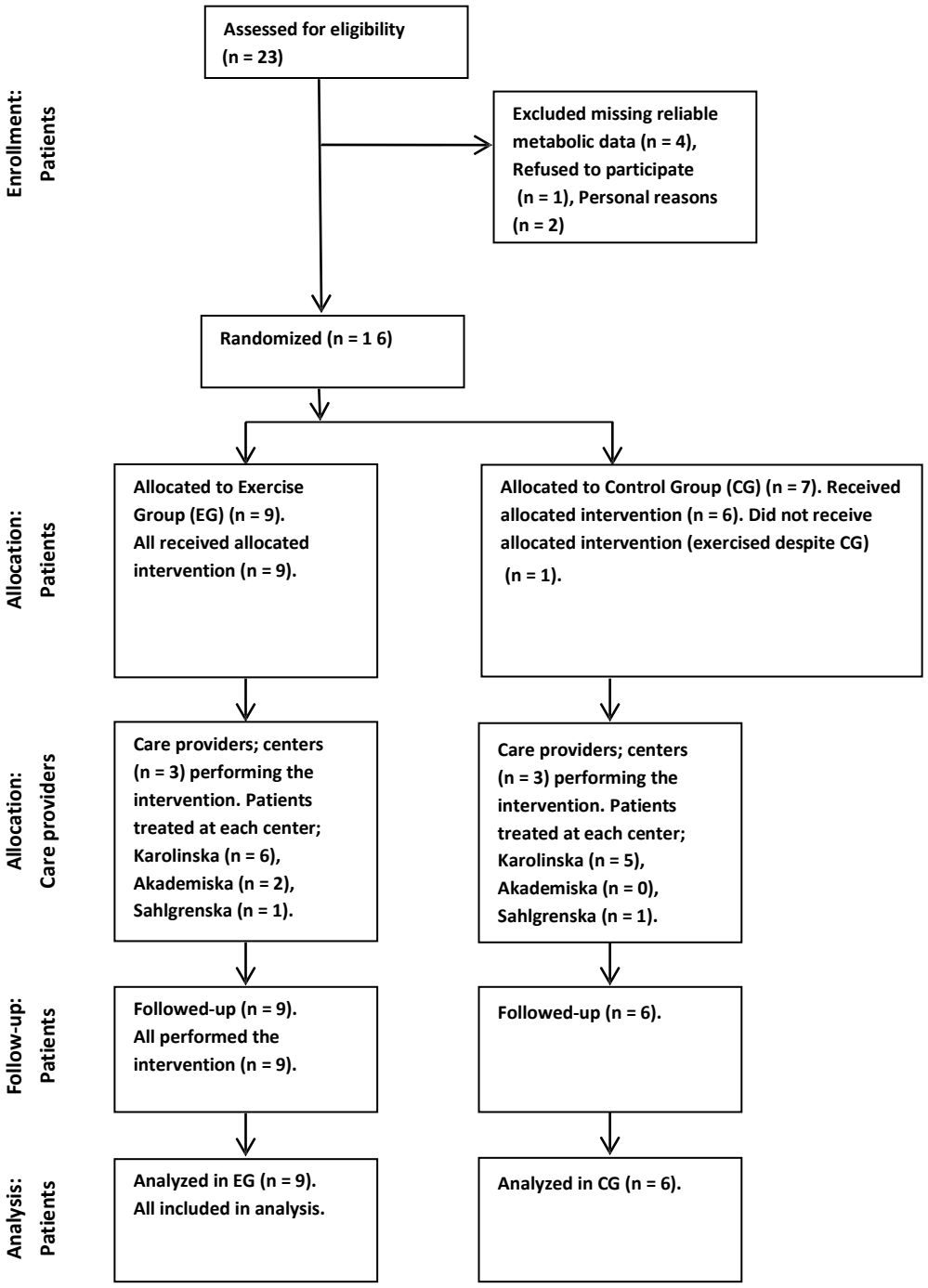
Enrollment: Patients
Assessed for eligibility (n = 23)
Excluded missing reliable metabolic data (n = 4), Refused to participate (n = 1), Personal reasons (n = 2)
Randomized (n = 1 6)
Allocation: Patients
Allocated to Exercise Group (EG) (n = 9). All received allocated intervention (n = 9).
Allocated to Control Group (CG) (n = 7). Received allocated intervention (n = 6). Did not receive allocated intervention (exercised despite CG) (n = 1).
Allocation: Care providers
Care providers; centers (n = 3) performing the intervention. Patients treated at each center; Karolinska (n = 6), Akademiska (n = 2), Sahlgrenska (n = 1).
Care providers; centers (n = 3) performing the intervention. Patients treated at each center; Karolinska (n = 5), Akademiska (n = 0), Sahlgrenska (n = 1).
Follow-up: Patients
Followed-up (n = 9). All performed the intervention (n = 9).
Followed-up (n = 6).
Analysis: Patients
Analyzed in EG (n = 9). All included in analysis.
Analyzed in CG (n = 6).