

**SCLERODERMA SKIN ASSESSMENT
(Modified Rodnan Skin Score)**

Calculate a Modified Rodnan Skin Score by summing the scores from all evaluated anatomic areas.

A. Evaluate skin thickness by clinical palpation:

- 0 = normal skin thickness
- 1 = mild skin thickness
- 2 = moderate skin thickness
- 3 = severe skin thickness (inability to pinch skin into a fold)

B. Surface of anatomic areas evaluated (N = 17)

		Dates:	2/6/19				
Area of Body		Range	Score	Score	Score	Score	Score
Face		0-3	1				
Anterior Chest		0-3	3				
Abdomen		0-3	2				
Fingers	R	0-3	2				
	L	0-3	2				
Dorsium of Hands	R	0-3	2				
	L	0-3	2				
Forearms	R	0-3	3				
	L	0-3	3				
Upper arms	R	0-3	3				
	L	0-3	3				
Thighs	R	0-3	2				
	L	0-3	2				
Lower legs	R	0-3	2				
	L	0-3	2				
Dorsium of Feet	R	0-3	1				
	L	0-3	1				
TOTAL		0-51	36				