DiabetesTherapy

- This analysis explored whether glycemic control and the incidence of hypoglycemia are different between Chinese patients with Type 2 diabetes mellitus (T2DM) receiving oral antihyperglycemic medication (OAM)-only or insulin-only treatment regimens.
- As part of the Diabetes Disease Specific Programme, 200 physicians in 9 Chinese cities completed surveys about 1369 patients' demographic and clinical characteristics and clinical management details (OAM-only, N = 1077; insulin-only, N = 292).
- Insulin-only treatment was found to be associated with significantly better glycemic control than OAM-only treatment.
- Insulin-only treatment was found to be associated with significantly increased hypoglycemia compared with OAM-only treatment.
- These results provide important real-world information on glycemic control and hypoglycemia in Chinese patients with T2DM, which may be useful for guiding evidence-based management.

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