Dermatology and Therapy



- The study was based on 236 Psoriasis (Ps) and Psoriatic Arthritis (PsA) patients visiting a tertiary level hospital dermatological clinic during a one year study-period (1 October 2009 30 September 2010).
- Reliable data on medication was acquired from the social insurer in Finland and clinical information was collected from hospitals' medical records.
- This study showed that patients needing multiple different treatments suffer from worse quality of life and generate considerably higher medication costs than patients with fewer treatment options.
- Biologic medications were used by relatively few patients; however they formed a major share of the medication costs.

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