

- This study was based on all psoriasis and psoriasis arthritis patients who visited a tertiary level dermatological clinic during a one-year study period.
- Data was based on a questionnaire, reimbursement data from The Finnish Social Insurance Institute and the medical records of the patients.
- The results showed that psoriasis has a significant negative effect on a patient's economics.
- Travel costs, travel and treatment time comprise the majority of costs of phototherapy.
- The many aspects of economic burden to psoriasis patients should be taken into account in future cost studies.

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