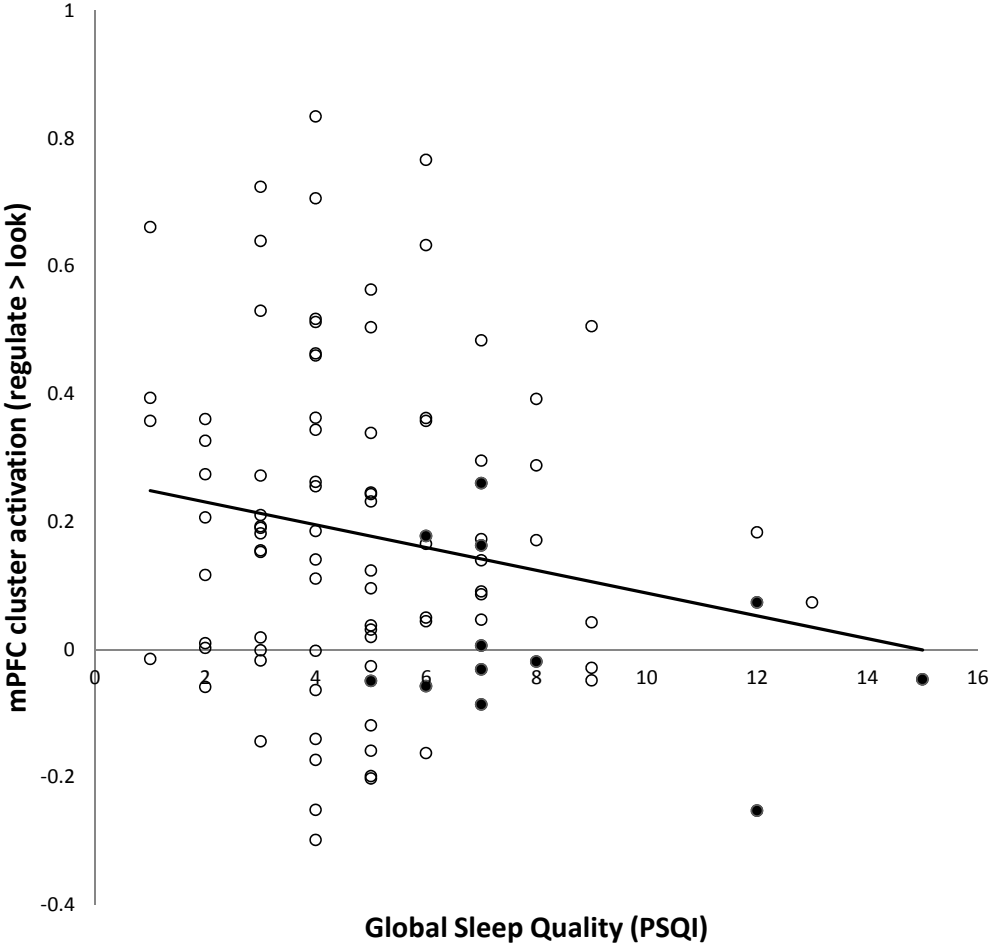
mPFC cluster activation (regulate > look)
1
0.8
0.6
0.4
0.2
0
-0.2
-0.4
0
2
4
6
8
10
12
14
16
Global Sleep Quality (PSQI)