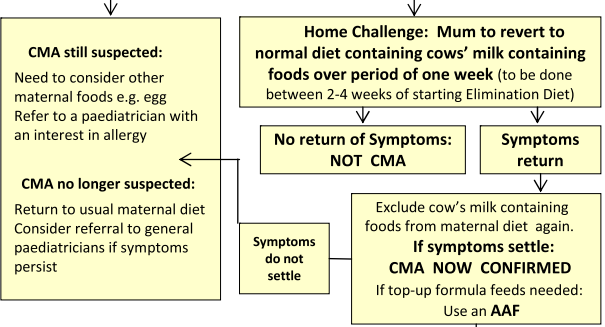


(No initial IgE Skin Prick Tests or Serum Specific IgE Assays necessary)

Exclusively Breast-Fed

Strict Exclusion of cow's milk containing foods from Maternal Diet
Maternal supplements of Calcium (1000mg) and Vitamin D (10mcg) daily
Refer to dietician
If CMA - most symptoms will settle well within the agreed 2-4 week Elimination Diet

No Improvement **Improvement - need to confirm Diagnosis**

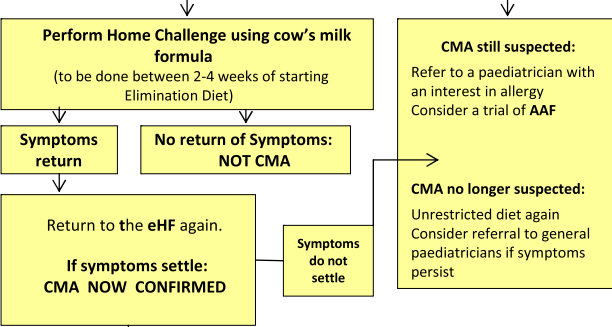


Formula-Fed or 'Mixed Feeding' (Breast and Formula)

Strict Cow's Milk Protein free Diet

Formula-fed - Trial of an **Extensively Hydrolysed Formula (eHF)** in infant
Mixed feeding - Trial of a cow's milk free Maternal Diet
With eHF top-ups for infant if needed
Refer to dietician
If CMA - most symptoms will settle well within the agreed 2-4 week Elimination Diet

Improvement - need to confirm Diagnosis **No Improvement**



Cow's milk free diet until 9-12 months of age and for at least 6 months – with support of dietician
A planned Reintroduction or Supervised Challenge is then needed to determine if tolerance has been achieved
Performing a Reintroduction vs. a Supervised Challenge is dependent on the answer to the question:
Does the child have **Current Eczema** or **ANY history at ANY time of acute onset symptoms**?

No Current Eczema
And no history at any stage of acute onset symptoms
(No need to check Serum Specific IgE or perform Skin Prick Test)
Reintroduction at Home to test for Tolerance

Current Eczema
Check Serum Specific IgE or Skin Prick Test to cow's milk

History of acute onset symptoms at any time
Serum Specific IgE or Skin Prick Test needed

Negative **Positive**
Liaise with local Allergy Service Re: Challenge (or tests not available)

And still no history at any stage of acute onset symptoms
Reintroduction at Home to test for Tolerance

Negative **Positive**

Refer to a paediatrician with an interest in allergy
(A **Supervised Challenge** may be needed)