

Moral Distress Scale Items	Frequency (F) score					Level of disturbance score [Intensity (I)]					Composite Score "F"x "I"
	Never -----Very					None-----Great extent					
	0	1	2	3	4	0	1	2	3	4	Range [0 - 16]
1. Provide less than optimal care due to pressures from administrators or insurers to reduce costs.											
2. Witness healthcare providers giving "false hope" to the patient or family											
3. Follow the family's wishes to continue life support even though I believe it is not in the best interest of the patient											
4. Initiate extensive life-saving actions when I think they only prolong death											
5. Follow the family's request not to discuss death with a dying patient who asks about dying											
6. Feel pressure from others to order what I consider to be unnecessary tests and treatments											
7. Continue to participate in care for a hopelessly ill person who is being sustained on a ventilator, when no one will make a decision to withdraw support											
8. Avoid taking action when I learn that a physician or nurse colleague has made a medical error and does not report it											
9. Assist physician or other health care providers who in my opinion are not as competent as the patient care requires											
10. Be required to care for patients I do not feel qualified to care for											
11. Let medical students perform painful procedures on patients solely to improve their skill											
12. Provide care that does not relieve the patient's suffering because I fear that increasing the dose of pain medication will cause death											
13. Request nurses or others not to discuss the patient's prognosis with the patient or family											
14. Increase the dose of sedatives/opiates for an unconscious patient that I believe could hasten the patient's death											
15. Take no action about an observed ethical issue because the involved staff member or someone in a position of authority requested that I do nothing											
16. Follow the family's wishes of the patient's care when I do not agree with them, but do so because of fears of a lawsuit											
17. Work with nurses or other healthcare providers who are not as competent as the patient care requires.											
18. Witness diminished patient care quality due to poor team communication											
19. Ignore situations in which patients have not been given adequate information to insure informed consent											
20. Watch patient care suffers because of a lack of provider continuity.											
21. Work with levels of nurse or other care provider staffing that I consider unsafe.											
Total value											Range [0 - 336]