Additional file 1. PRISMA-P (Preferred Reporting Items for Systematic review and Meta-Analysis Protocols) 2015 checklist: recommended items to address in a systematic review protocol*

| Section and | Item No | Checklist item | Check |
|---------------------|------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|
| topic | 110 | | results |
| ADMINISTRAT | TIVE IN | NFORMATION | |
| Title: | | | P1, L1-3 |
| Identifi- cation | 1a | Identify the report as a protocol of a systematic review | Yes |
| Update | 1b | If the protocol is for an update of a previous systematic review, identify as such | Yes |
| Registration | 2 | If registered, provide the name of the registry (such as PROSPERO) and registration number | Yes P2, L30 |
| Authors: | | | |
| Contact | 3a | Provide name, institutional affiliation, e-mail address of all protocol authors; provide physical mailing address of corresponding author | Yes P1, L8-18 |
| Contri- butions | 3b | Describe contributions of protocol authors and identify the guarantor of the review | Yes P7, L8-13 |
| Amendments | 4 | If the protocol represents an amendment of a previously completed or published protocol, identify as such and list changes; otherwise, state plan for documenting important protocol amendments | Yes |
| Support: | | | P8, L1-4 |
| Sources | 5a | Indicate sources of financial or other support for the review | Yes |
| Sponsor | 5b | Provide name for the review funder and/or sponsor | Yes |

| Role of sponsor or funder | 5c | Describe roles of funder(s), sponsor(s), and/or institution(s), if any, in developing the protocol | Yes |
|---------------------------|-----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------|
| INTRODUCTIO | N | | |
| Rationale | 6 | Describe the rationale for the review in the context of what is already known | Yes P3, L2-39 |
| Objectives | 7 | Provide an explicit statement of the question(s) the review will address with reference to participants, interventions, comparators, and outcomes (PICO) | Yes P4, L1-3 |
| METHODS | | | |
| Eligibility crite- ria | 8 | Specify the study characteristics (such as PICO, study design, setting, time frame) and report characteristics (such as years considered, language, publication status) to be used as criteria for eligibility for the review | Yes P4, L28-P5, L30 |
| Information sources | 9 | Describe all intended information sources (such as electronic databases, contact with study authors, trial registers or other grey literature sources) with planned dates of coverage | Yes P4, L15-27 |
| Search strategy | 10 | Present draft of search strategy to be used for at least one electronic database, including planned limits, such that it could be repeated | Yes Additional file 2 |
| Study records: | | | |
| Data management | 11a | Describe the mechanism(s) that will be used to manage records and data throughout the review | Yes P6, L4-5 |
| Selection process | 11b | State the process that will be used for selecting studies (such as two independent reviewers) through each phase of the review (that is, screening, eligibility and inclusion in meta-analysis) | Yes P6, L6-12 |
| Data collection process | 11c | Describe planned method of extracting data from reports (such as piloting forms, done independently, in duplicate), any processes for obtaining and confirming data from investigators | Yes P6, L13-19 |

| Data items | 12 | List and define all variables for which data will be sought (such as PICO items, funding sources), any pre-planned data assumptions and simplifications | Yes P6, L6-12 |
|------------------------------------|-----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|
| Outcomes and prioritization | 13 | List and define all outcomes for which data will be sought, including prioritization of main and additional outcomes, with rationale | Yes P5, L17-23 |
| Risk of bias in individual studies | 14 | Describe anticipated methods for assessing risk of bias of individual studies, including whether this will be done at the outcome or study level, or both; state how this information will be used in data synthesis | Yes P6, L20-P7, L2 |
| Data synthesis | 15a | Describe criteria under which study data will be quantitatively synthesised | Yes P7, L4-7 |
| | 15b | If data are appropriate for quantitative synthesis, describe planned summary measures, methods of handling data and methods of combining data from studies, including any planned exploration of consistency (such as I^2 , Kendall's τ) | Yes P7, L13-26 |
| | 15c | Describe any proposed additional analyses (such as sensitivity or subgroup analyses, meta-regression) | Yes P7, L27-29 |
| | 15d | If quantitative synthesis is not appropriate, describe the type of summary planned | Yes P7, L12-14 |
| Meta-bias(es) | 16 | Specify any planned assessment of meta-bias(es) (such as publication bias across studies, selective reporting within studies) | Yes P7, L32-34 |
| Confidence in cumulative evidence | 17 | Describe how the strength of the body of evidence will be assessed (such as GRADE) | Yes P7, L37-P8, L4 |

^{*}It is strongly recommended that this checklist be read in conjunction with the PRISMA-P Explanation and Elaboration (cite when available) for important clarification on the items. Amendments to a review protocol should be tracked and dated. The copyright for PRISMA-P (including checklist) is held by the PRISMA-P Group and is distributed under a Creative Commons Attribution Licence 4.0.

From: Shamseer L, Moher D, Clarke M, Ghersi D, Liberati A, Petticrew M, Shekelle P, Stewart L, PRISMA-P Group. Preferred reporting items for systematic review and meta-analysis protocols (PRISMA-P) 2015: elaboration and explanation. BMJ. 2015 Jan 2;349(jan02 1):g7647.