

## Appendix

The title, journal, and type of the review of the 75 systematic reviews included in this study<sup>1–75</sup> are as follows:

Journal	Title	Review type
Audiol. Neurotol.	Crucial Music Components Needed for Speech Perception Enhancement of Pediatric Cochlear Implant Users: A Systematic Review and Meta-Analysis	Effectiveness
Ear Hear	Occupational Hearing Loss Associated With Non-Gaussian Noise: A Systematic Review and Meta-analysis	Etiology and/or Risk
Ear Hear	Prevalence of Decreased Sound Tolerance (Hyperacusis) in Individuals With Autism Spectrum Disorder	Prevalence and/or Incidence
Int Forum Allergy Rhinol.	Effects of olfactory training on posttraumatic olfactory dysfunction: a systematic review and meta-analysis	Effectiveness
Int Forum Allergy Rhinol.	Effects of implants with steroids after endoscopic sinus surgery: A systematic review with meta-analysis of randomized controlled trials	Effectiveness
Int Forum Allergy Rhinol.	Usefulness of intraoperative frozen section for diagnosing acute invasive fungal rhinosinusitis: A systematic review and meta-analysis	Effectiveness
Int Forum Allergy Rhinol.	Topical nasal treatment efficacy on adult obstructive sleep apnea severity: a systematic review and meta-analysis	Diagnostic Test Accuracy
Int Forum Allergy Rhinol.	Botulinum toxin for chronic rhinitis: A systematic review and meta-analysis	Etiology and/or Risk
Int Forum Allergy Rhinol.	HPV in the malignant transformation of sinonasal inverted papillomas: A meta-analysis	Effectiveness
Otolaryngol Head Neck Surg.	Complications After Soft Tissue With Plate vs Bony Mandibular Reconstruction: A Systematic Review and Meta-analysis	Etiology and/or Risk
Otolaryngol Head Neck Surg.	Prognostic Significance of Extranodal Extension in HPV-Mediated Oropharyngeal Carcinoma: A Systematic Review and Meta-analysis	Etiology and/or Risk
Otolaryngol Head Neck Surg.	Tracheotomy in COVID-19 Patients: A Systematic Review and Meta-analysis of Weaning, Decannulation, and Survival	Effectiveness
Otolaryngol Head Neck Surg.	Systematic Review of Second Primary Oropharyngeal Cancers in Patients With p16+ Oropharyngeal Cancer	Prevalence and/or Incidence
Otolaryngol Head Neck Surg.	Systematic Review and Meta-analysis of the Change in Pharyngeal Bacterial Cultures After Pediatric Tonsillectomy	Effectiveness
Otolaryngol Head Neck Surg.	Pectoralis Major Onlay vs Interpositional Reconstruction Fistulation After Salvage Total Laryngectomy: Systematic Review and Meta-analysis	Effectiveness
Otolaryngol Head Neck Surg.	Meta-analysis Exploring Sinopulmonary Outcomes of Aspirin Desensitization in Aspirin-Exacerbated Respiratory Disease	Effectiveness
Otolaryngol Head Neck Surg.	Velcro Ties in Early Postoperative Pediatric Tracheostomy Care: A Systematic Review and Meta-analysis	Etiology and/or Risk
Otolaryngol Head Neck Surg.	Idiopathic Sudden Sensorineural Hearing Loss in Children: A Systematic Review and Meta-analysis	Etiology and/or Risk
Otolaryngol Head Neck Surg.	Systematic Review and Meta-analysis of Endoscopic vs Microscopic Stapes Surgery for Stapes Fixation	Effectiveness
Otolaryngol Head Neck Surg.	High-Risk Human Papillomavirus–Related Oropharyngeal Squamous Cell Carcinoma Among Non-Indigenous and Indigenous Populations: A Systematic Review	Etiology and/or Risk
Otolaryngol Head Neck Surg.	Olfactory Training for Postviral Olfactory Dysfunction: Systematic Review and Meta-analysis	Prevalence and/or Incidence
Otolaryngol Head Neck Surg.	Systematic Review and Meta-analysis: Effectiveness of Corticosteroids in Treating Adults With Acute Vestibular Neuritis	Effectiveness
Otolaryngol Head Neck Surg.	Antibiotic Prophylaxis for Thyroid and Parathyroid Surgery: A Systematic Review and Meta-analysis	Effectiveness
Otolaryngol Head Neck Surg.	Sinogenic Intracranial Suppuration in Children: Systematic Review and Meta-analysis	Etiology and/or Risk
Otolaryngol Head Neck Surg.	Factors Influencing the Development of Pneumonia in Patients With Head and Neck Cancer: A Meta-analysis	Effectiveness
Otolaryngol Head Neck Surg.	Prevalence and Characteristics of Taste Disorders in Cases of COVID-19: A Meta-analysis of 29,349 Patients	Effectiveness
Otolaryngol Head Neck Surg.	Surgical Management of Sialorrhea: A Systematic Review and Meta-analysis	Prognostic

Otolaryngol Head Neck Surg.	Surgical Management of Bilateral Vocal Fold Paralysis in Children: A Systematic Review and Meta-analysis	Prognostic
Otolaryngol Head Neck Surg.	Management of Type 1 Laryngeal Clefts: A Systematic Review and Meta-analysis	Prevalence and/or Incidence
Otolaryngol Head Neck Surg.	Influence of Surgical Techniques on Endoscopic Dacryocystorhinostomy: A Systematic Review and Meta-analysis	Prevalence and/or Incidence
Otolaryngol Head Neck Surg.	Management of Flap Failure After Head and Neck Reconstruction: A Systematic Review and Meta-analysis	Effectiveness
Rhinology	Elective neck irradiation in the management of esthesioneuroblastoma: a systematic review and meta-analysis	Etiology and/or Risk
Rhinology	Intralymphatic immunotherapy for allergic rhinoconjunctivitis: a systematic review and meta-analysis	Effectiveness
Rhinology	Clinical effectiveness of house dust mite immunotherapy in mono- versus poly-sensitised patients with allergic rhinitis: a systematic review and meta-analysis	Prognostic
Rhinology	Anxiety and depression risk in patients with allergic rhinitis: a systematic review and meta-analysis	Effectiveness
Rhinology	Leukotriene receptor antagonist addition to intranasal steroid: systematic review and meta-analysis	Effectiveness
Rhinology	Is postoperative nasal packing after septoplasty safe? A systematic review and meta-analysis of randomized controlled studies	Etiology and/or Risk
Rhinology	Omalizumab for the treatment of allergic rhinitis: a systematic review and meta-analysis	Effectiveness
Laryngoscope	Tracheal Resection in the Management of Thyroid Cancer: An Evidence-Based Approach	Effectiveness
Laryngoscope	Autofluorescence and Indocyanine Green in Thyroid Surgery: A Systematic Review and Meta-Analysis	Prevalence and/or Incidence
Laryngoscope	Treatment of Vestibular Migraine: A Systematic Review and Meta-analysis	Effectiveness
Laryngoscope	Endoscopy-Assisted Transoral Approach to Resect Parapharyngeal Space Tumors: A Systematic Review and Meta-Analysis	Etiology and/or Risk
Laryngoscope	Outcomes of Adenotonsillectomy for Obstructive Sleep Apnea in Prader-Willi Syndrome: Systematic Review and Meta-analysis	Effectiveness
Laryngoscope	Sialendoscopy and Sjogren's Disease: A Systematic Review	Effectiveness
Laryngoscope	The Relationship between Croup and Gastroesophageal Reflux: A Systematic Review and Meta-Analysis	Etiology and/or Risk
Laryngoscope	Different Surgical Strategies in the Prevention of Frey Syndrome: A Systematic Review and Meta-analysis	Etiology and/or Risk
Laryngoscope	Association Between Human Papilloma Virus Infection and Malignant Sinonasal Inverted Papilloma	Prevalence and/or Incidence
Laryngoscope	Neuromodulators for Atypical Facial Pain and Neuralgias: A Systematic Review and Meta-Analysis	Effectiveness
Laryngoscope	Risk Factors for Multiple Tympanostomy Tube Placements in Children: Systematic Review and Meta-Analysis	Effectiveness
Laryngoscope	Lipoinjection for Unilateral Vocal Fold Paralysis Treatment: A Systematic Review and Meta-Analysis	Etiology and/or Risk
Laryngoscope	Pharmacological Treatments of Bell's Palsy in Adults: A Systematic Review and Network Meta-Analysis	Etiology and/or Risk
Laryngoscope	Scalar Translocation Comparison Between Lateral Wall and Perimodiolar Cochlear Implant Arrays - A Meta-Analysis	Etiology and/or Risk
Laryngoscope	Effect of Sleep Surgery on C-Reactive Protein Levels in Adults With Obstructive Sleep Apnea: A Meta-Analysis	Etiology and/or Risk
Laryngoscope	Method of Lateral Osteotomy to Reduce Eyelid Edema and Ecchymosis After Rhinoplasty: A Meta-analysis	Effectiveness
Laryngoscope	Usefulness of Sentinel Lymph Node Biopsy for Oral Cancer: A Systematic Review and Meta-Analysis	Etiology and/or Risk
Laryngoscope	Risk of Stroke and Myocardial Infarction After Sudden Sensorineural Hearing Loss: A Meta-Analysis	Etiology and/or Risk
Laryngoscope	Survival of Young Versus Old Patients With Oral Cavity Squamous Cell Carcinoma: A Meta-Analysis	Prognostic
Laryngoscope	A Meta-Analysis of 67 Studies with Presenting Symptoms and Laboratory Tests of COVID-19 Patients	Effectiveness
Laryngoscope	Nasal Peak Inspiratory Flow in Healthy and Obstructed Patients: Systematic Review and Meta-Analysis	Etiology and/or Risk

Laryngoscope	Three-Dimensional Endoscopic Endonasal Surgery: A Systematic Review	Prevalence and/or Incidence
Laryngoscope	Barbed Reposition Pharyngoplasty versus Expansion Sphincter Pharyngoplasty: A Meta-Analysis	Effectiveness
Laryngoscope	Misperception of Visual Vertical in Peripheral Vestibular Disorders. A Systematic Review With Meta-Analysis	Effectiveness
Laryngoscope	Prevalence of Olfactory Dysfunction in Coronavirus Disease 2019 (COVID-19): A Meta-analysis of 27,492 Patients	Effectiveness
Laryngoscope	Paper Patching Versus Watchful Waiting of Traumatic Tympanic Membrane Perforations: A Meta-Analysis	Effectiveness
Laryngoscope	Residual Perforation Risk Assessment of Intratympanic Steroids via Tympanostomy Tube Versus Transtympanic Injections	Etiology and/or Risk
Laryngoscope	Complications of Neck Drains in Thyroidectomies: A Systematic Review and Meta-Analysis	Effectiveness
Laryngoscope	Bleeding Complications After Transoral Robotic Surgery: A Meta-Analysis and Systematic Review	Effectiveness
Laryngoscope	Prevalence of Sensorineural Hearing Loss in Pediatric Patients with Sickle Cell Disease: A Meta-analysis	Etiology and/or Risk
Laryngoscope	A Systematic Review and Meta-Analysis: Timing of Elective Removal of Tympanostomy Tubes	Etiology and/or Risk
Laryngoscope	Cochlear Implantation in Meniere's Disease: A Systematic Review and Meta-Analysis	Diagnostic Test Accuracy
Laryngoscope	Radiologically Defined Sarcopenia Affects Survival in Head and Neck Cancer: A Meta-Analysis	Prevalence and/or Incidence
Laryngoscope	Sudden Sensorineural Hearing Loss in Children—Management and Outcomes: A Meta-analysis	Effectiveness
Laryngoscope	Slide Tracheoplasty for Congenital Tracheal Stenosis Repair: A Systematic Review and Meta-Analysis	Etiology and/or Risk
Laryngoscope	A Systematic Review and Meta-Analysis of Taste Dysfunction in Chronic Rhinosinusitis	Prognostic
Laryngoscope	Effect of Endoscope Sinus Surgery on Pulmonary Function in Cystic Fibrosis Patients: A Meta-Analysis	Prevalence and/or Incidence

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