




Appendix 1. Programme Outputs


| 2016 | 2017 | 2018 | 2019 | Responsible worker* | Inhabitants involved** |
|---|------|------|------|---------------------|------------------------|
| Toy lending point | | | | HB | 6 V |
| Budget cooking workshops | | | | HB | 26 P |
| Mothers 'on the move' | | | | SST | 35 P |
| Mancave cooking workshops | | | | HB | 23 P |
| Voorstad kids | | | | HB | 65 P |
| Gardening project | | | | WF | 6 P |
| Outdoor playing 'Molentuin' | | | | HB-S | 15 P, 4 V |
| Physical activity workshops | | | | HB-S | 15 P |
| Group sessions 'Perspectives on health' | | | | HB, HB-S, SST, AR | 89 P |
| Neighbourhood communication boards | | | | HB, SST | 8V |
| Intersectoral collaboration and network analysis | | | | AR | 6 coalition members |
| Looking for sense course | | | | HB, SST | 24 P, 1 V |
| Beestenmarkt reconstruction, watertap and opening 'party' | | | | ST, WF, HB-S | 5 V |
| First aid 'kids' course | | | | WF | 6 V |
| Chair gymnastics | | | | SST, HB-S | 40 P |
| Healthy eating workshop kids | | | | SST, HB | 8 P |
| Healthy 'high tea for elderly | | | | SST | 8P |
| Photovoice project: health supporting environment | | | | HB, AR | 16 P |
| Benefits of Participation study | | | | HB, AR | 100 + 12 P |
| Project <i>Well-being or not being ill?</i> Primary care-welfare alliance | | | | | 15 CW |
| Course 'healthy nutrition' | | | | HB-S, WF | 10 P |

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| | | | | Training: 'Leader recreation and physical activities' | | 7 V |
| | | | | Group sessions 'How about health?' | SST, AR | 29 P |
| | | | | Movie 'Keep Voorstad moving' | | |
| | | | | Municipal involvement and bridging budget 2020 | | |

* HB=Health broker, HB-S=Health Brokers-sports, SST=Social support team, WF=welfare worker, AR=Action Researcher

** V= volunteers, P=participants, CW = community workers

 = health promoting activities
  = research activities
  = additional activities

 = continuation activities