

Question	Yes	No
1. Discussed the goal that the woman chose for the prior month		
2. Reviewed the work book (how the woman was doing in regard to her goal of pregnancy planning or contraception, successes and/or difficulties)		
3. The woman plans pregnancy: Recommended preparations for pregnancy		
4. The woman plans pregnancy: Recommended complete abstinence from alcohol		
5. The woman plans to use contraception: Recommended effective contraception		
4. The woman plans to use contraception: Recommended responsible drinking		
5. Demonstrated support and willingness to help		
6. If a referral was made, specify to which specialist she was referred		