

## Additional file 4: Adapted Joanna Briggs Institute Data Extraction Form

CITATION			
<b>Database:</b>			
<b>Authors:</b>			
<b>Title:</b>			
<b>Publication date:</b>			
<b>PEDro Score:</b>			
<b>Journal:</b>	Journal:		
	Volume:	Issue:	Page numbers:
<b>Thesis / Dissertation:</b>	Institution:		
<b>Country where research was conducted:</b>			

TYPE OF STUDY
<input type="checkbox"/> Randomised Controlled Trial
<input type="checkbox"/> Quasi-randomised Controlled Trial
<input type="checkbox"/> Controlled Clinical Trial
<input type="checkbox"/> Other:

PARTICIPANTS			
<b>Number of participants:</b>	Total:	Completed study:	Withdrawn:
<b>Gender:</b>	Total ♂:	Total ♀:	
<b>Randomized:</b>	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
<b>Mean age:</b>			

INTERVENTION			
<b>Intervention:</b> Educational-behavioural joint protection education	Description:		
<b>Comparison:</b> Conventional joint protection education	Description:		
<b>Interventions adequately described:</b>	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Not clear

OUTCOME MEASURES			
Outcome:	Measurement tool:	Validity:	Reliability:
<input type="checkbox"/> Pain			
<input type="checkbox"/> Function			
<input type="checkbox"/> Quality of life			
<input type="checkbox"/> Other:			

RESULTS: DICHOTOMOUS DATA				
Outcome:	Intervention Group: Educational-behavioural joint protection education		Comparison Group: Conventional joint protection education	
	Short term	Long term	Short term	Long term
1.				
2.				
3.				
4.				
5.				

**RESULTS: CONTINUOUS DATA**

Outcome:	Intervention Group: Educational-behavioural joint protection education Mean and SD (number)		Comparison Group: Conventional joint protection education Mean and SD (number)	
	Short term	Long term	Short term	Long term
1.				
2.				
3.				
4.				
5.				

**CLINICAL STATUS AND IMPLICATION (AUTHOR'S CONCLUSIONS)**

Clinical status post intervention:	<input type="checkbox"/> Improved	<input type="checkbox"/> Deteriorated	<input type="checkbox"/> Consistent
Clinical implication:			
Author's conclusions:			