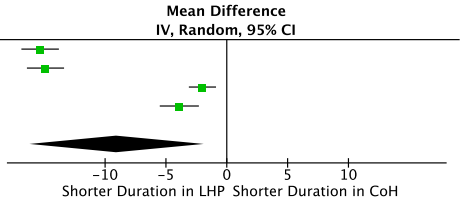
Study or Subgroup	Laser Haemorrhoidoplasty Mean [Day]	SD [Day]	Total	Milligan-Morgan (Open) Haemorrhoidectomy Mean [Day]	SD [Day]	Total	Weight	Mean Difference IV, Random, 95% CI
Alsisy 2019	7.53	1.8	30	22.87	3.91	30	25.0%	-15.34 [-16.88, -13.80]
Eskandaros 2020	11.3	2.4	40	26.2	4.3	40	25.0%	-14.90 [-16.43, -13.37]
Maloku 2019	17.2	4.9	100	19.2	2.9	100	25.1%	-2.00 [-3.12, -0.88]
Khan 2021	14.3	4.9	50	18.2	3.1	50	24.9%	-3.90 [-5.51, -2.29]
Total (95% CI)			**220**			**220**	**100.0%**	**-9.03 [-16.18, -1.87]**

Heterogeneity: $Tau^2 = 52.72$; $Chi^2 = 301.58$, df = 3 ($P < 0.00001$); $I^2 = 99\%$

Test for overall effect: Z = 2.47 (P = 0.01)