

| Study or Subgroup | Milligan-Morgan (Open) Haemorrhoidectomy | | | Laser Haemorrhoidoplasty | | | Weight | Mean Difference IV, Random, 95% CI |
|-----------------------|--|----------|-----------|--------------------------|----------|-----------|---------------|---------------------------------------|
| | Mean [Day] | SD [Day] | Total | Mean [Day] | SD [Day] | Total | | |
| Naderan 2016 | 7 | 2.2 | 30 | 5.4 | 1.9 | 30 | 55.6% | 1.60 [0.56, 2.64] |
| Poskus 2020 | 8.03 | 3.65 | 40 | 4.97 | 2.74 | 40 | 44.4% | 3.06 [1.65, 4.47] |
| Total (95% CI) | | | 70 | | | 70 | 100.0% | 2.25 [0.83, 3.67] |

Heterogeneity: Tau² = 0.66; Chi² = 2.66, df = 1 (P = 0.10); I² = 62%
Test for overall effect: Z = 3.10 (P = 0.002)

