



Supplemental Fig. 2

iAUC for energy expenditure following the 2-week intervention. **a** iAUC for energy expenditure at 0-45 min, 45-90 min and 0-90min (placebo treatment: white bar; catechin treatment: black bar). **b** shows histogram with a range of iAUC (kJ/90min) at 0-90 min (placebo treatment: white bar; catechin treatment: black bar). Data are expressed as means \pm SEM, n = 26, † paired t-test $P < 0.1$.

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