- Schizoaffective disorder is a somewhat controversial but very common diagnosis; however, there has been very limited study of effective treatments for this disorder, compared to the plethora of well-studied options available for schizophrenia
- Paliperidone palmitate is the first, and currently only, Food and Drug Administration-approved, once-monthly medication to treat schizoaffective disorder.
- Active paliperidone plasma levels are detected at day 1; therefore initial coadministration of oral paliperidone is not necessary, which is both convenient and useful for patients with problems with treatment adherence.
- Registration trials have demonstrated that paliperidone is efficacious for both psychotic and mood symptomatology, both alone and when used with adjunctive mood stabilizers and/or antidepressants.
- Paliperidone palmitate has been demonstrated to delay time to and reduce risk of relapse compared to placebo, when used as monotherapy or with adjunctive therapy.

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