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Online Resource 1 Investigator questionnaire (Investigator's guide for collection of signs and symptoms of pharyngitis and major manifestations of acute rheumatic fever [ARF]: rheumatic carditis and other manifestations)

Pharyngitis – ask participants if they had documented pharyngitis or were treated for one			
since last clinic visit			
Symptoms		Signs	
Throat pain / sore throat		Fever (>38 ℃)	
Difficulty swallowing		Swollen, enlarged tonsils	
Not eating as much		Erythematous tonsils with exudate	
Not drinking as much		Enlarged, tender cervical lymph nodes	
Croaky voice		Absence of cough	
Feeling hot			
Major manifestations of ARF			
A) Rheumatic carditis (mostly valvulitis)			
B) Other manifestations of ARF			
<ul> <li>Arthritis (usually migratory polyarthritis)</li> </ul>			
<ul> <li>Sydenham chorea</li> </ul>			
<ul> <li>Erythema marginatum</li> </ul>			
<ul> <li>Subcutaneous nodules</li> </ul>			
Rheumatic carditis			
Symptoms			
0	<ul> <li>Fatigue</li> </ul>		
0	Weakness		
0	Shortness of breath (dyspnea) on exertion		
0	Shortness of breath when lying flat (orthopnea)		
0	Sudden awakening at night with breathlessness (paroxysmal nocturnal dyspnea)		
0	Chest pain		
0	Bilateral feet swelling		
Physical examination findings			
a)	Mitral regurgitation (MR): assessed by Doppler auscultation		
0	Mid/pan-systolic murmur at apex, radiating laterally (occasionally medially/ posteriorly)		
0	Apical mid-diastolic murmur (Carey Coombs)		
0	Displaced apex beat in severe MR		

- b) Aortic regurgitation: assessed by Doppler auscultation
- Decrescendo early diastolic murmur at the base of the heart (aortic area) or left sternal edge, accentuated by the patient sitting forward in held expiration
- o Mid-to-late diastolic murmur heard best at the cardiac apex (Austin Flint)
- o Systolic murmur due to increased flow
- Wide pulse pressure
- c) <u>Heart block assessed by electrocardiography</u>
- Prolonged P-R interval
- d) Cardiac failure
- o Displaced apex beat
- o Pulmonary edema
- o Raised jugular venous pressure
- o Bilateral pedal edema
- o Tachycardia
- o Tachypnea

## Signs and symptoms of other manifestations of ARF

#### Arthritis

Painful, tender joints, most commonly in the knees, ankles, elbows and wrists (migratory, asymmetrical)

## Sydenham chorea

Jerky, uncoordinated movements, especially affecting the hands, feet, tongue and face, disappears during sleep

## Subcutaneous nodules

Crops of small, round, painless nodules over the elbows, wrists, knees, ankles, Achilles' tendon, occiput and posterior spinal processes of the vertebrae

# Erythema marginatum

Circular patterns of bright pink macules or papules on the trunk and proximal extremities

Online Resource 2 Participant leaflet/questionnaire (participant's guide for reporting symptoms of rheumatic carditis and arthritis as most prevalent manifestations of acute rheumatic fever in adults)

Symptoms of rheumatic carditis		
Fatigue		
Weakness		
Shortness of breath (dyspnea) when you are physically active		
Shortness of breath when lying on your back (orthopnea)		
Sudden awakening at night with breathlessness (paroxysmal nocturnal dyspnea)		
Chest pain		
Swelling in both feet		
Symptoms of arthritis as a manifestation of acute rheumatic fever		
Arthritis		
Painful joints. This is most common in the knees, ankles, elbows and wrists. The pai		
can affect any joint and move from one joint to another.		