

Title

The effect of a single bout of continuous aerobic exercise on glucose, insulin and glucagon concentrations compared to resting conditions in non-diabetic adults: A systematic review, meta-analysis and meta-regression.

Journal

Sports Medicine

Authors

James Frampton^{1, 2*}, Benjamin Cobbold¹, Mikhail Nozdrin¹, Htet T. H. Oo¹, Holly Wilson¹, Kevin G. Murphy², Gary Frost¹, Edward S. Chambers¹

¹Section for Nutrition Research, Department of Metabolism, Digestion and Reproduction, Faculty of Medicine, Imperial College London, London W12 0NN, United Kingdom.

²Section of Endocrinology and Investigative Medicine, Department of Metabolism, Digestion and Reproduction, Faculty of Medicine, Imperial College London, London W12 0NN, United Kingdom

***Corresponding Author**

James Frampton

Department of Metabolism, Digestion and Reproduction,

Faculty of Medicine,

Imperial College London,

London W12 0NN

United Kingdom

Email: j.frampton17@imperial.ac.uk

Electronic Supplementary Material Figure S1

DECLARATIONS

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Conflicts of interest

James Frampton, Benjamin Cobbold, Mikhail Nozdrin, Htet Oo, Holly Wilson, Kevin Murphy, Gary Frost and Edward Chambers declare that they have no conflicts of interest relevant to the content of this review.

Availability of Data and Material

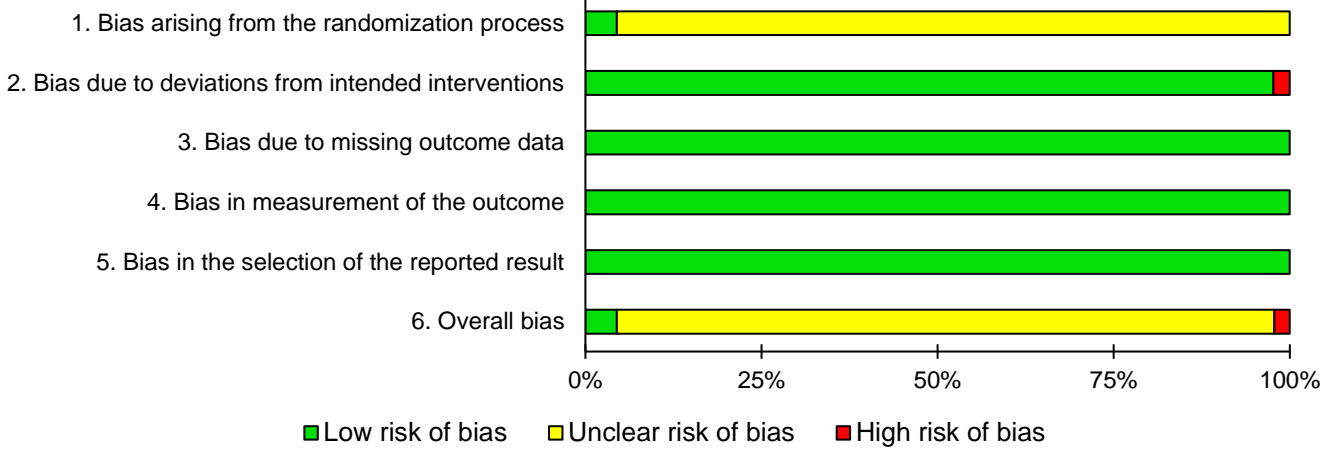
Please contact the corresponding author for data requests.

Author Contributions

J.F and E.S.C conceived and designed the study. J.F performed databases searches. J.F, B.C, M.N, H.T.H.O and H.W participated in the screening process. J.F extracted data and performed all statistical analyses. J.F, E.S.C, K.G.M and G.F interpreted results of the analysis. J.F. wrote the initial draft of the manuscript, and critically revised by E.S.C, K.G.M and G.F. All authors read and approved the final manuscript.

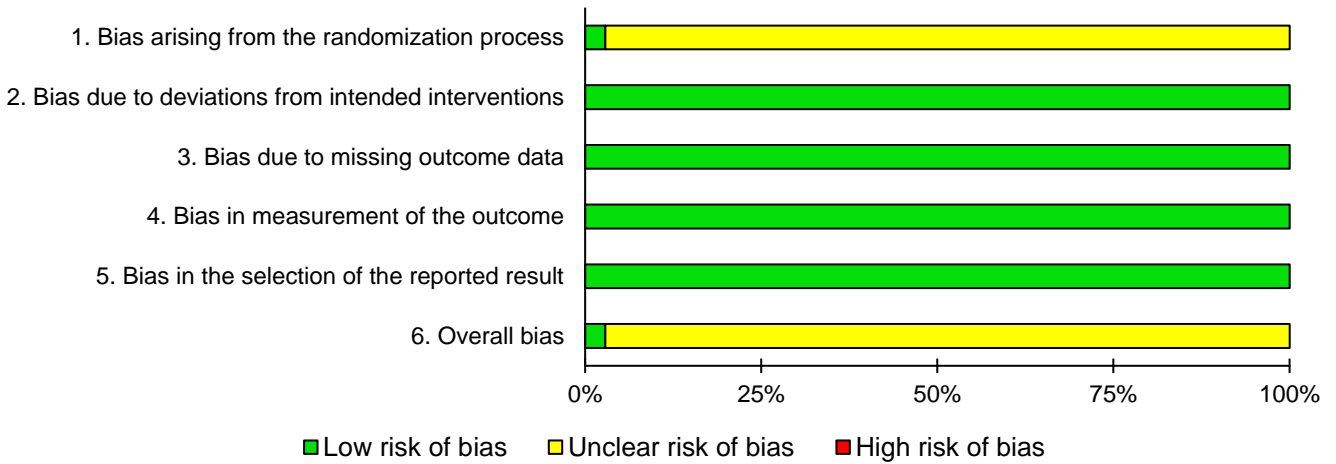
a

Glucose



b

Insulin



c

Glucagon

