

**Table 4. Comparison of average stigma scores for people with BD (*n* = 80) before and after the theatrical performance**

Stigma measures	T1		T2		Repeated <i>t</i> -test (2-tailed)	<i>d</i>
	<i>M</i>	<i>SD</i>	<i>M</i>	<i>SD</i>		
<b>DMISS</b>						
Treatability	2.48	1.16	2.33	1.19	<i>t</i> (79) = 1.61, <i>p</i> = 0.111	0.17
Relationship	3.22	1.23	3.00	1.22	<i>t</i> (79) = 2.42, <i>p</i> = .018	0.27
Hygiene	2.44	1.30	2.35	1.36	<i>t</i> (79) = 0.98, <i>p</i> = .332	0.11
Anxiety	1.97	0.99	1.97	0.99	<i>t</i> (79) = 0.03, <i>p</i> = .978	0.00
Visibility	3.57	0.80	3.68	0.85	<i>t</i> (79) = -1.10, <i>p</i> = .277	0.14
Recovery	3.59	1.87	3.48	1.95	<i>t</i> (79) = 0.69, <i>p</i> = .495	0.07
Professional efficacy	3.18	1.52	2.99	1.53	<i>t</i> (79) = 1.39, <i>p</i> = .170	0.15
Total	2.79	0.74	2.71	0.80	<i>t</i> (79) = 1.76, <i>p</i> = .083	0.19
<b>ISMI</b>						
Alienation	2.35	0.70	2.23	0.77	<i>t</i> (77) = 2.61, <i>p</i> = .011	0.31
Stereotype	1.55	0.45	1.56	0.45	<i>t</i> (76) = -0.48, <i>p</i> = .635	0.04
Discrimination	2.20	0.63	2.24	0.72	<i>t</i> (74) = -0.61, <i>p</i> = .542	0.08
Withdrawal	2.04	0.68	2.05	0.75	<i>t</i> (78) = -0.32, <i>p</i> = .751	0.02
Resistance	2.02	0.61	1.93	0.58	<i>t</i> (76) = 1.14, <i>p</i> = .259	0.14
Total	2.01	0.49	1.98	0.55	<i>t</i> (74) = 1.00, <i>p</i> = .319	0.13

*Note:* DMISS = Day's Mental Illness Stigma Scale; ISMI = Internalized Stigma of Mental Illness scale