

Table 5 – Qualitative findings across participants:

Qualitative Finding	Participant Quotes
I. Emotional impact of TJCT:	It was downright entertaining and moving. 03-HP007
i. Authentic	Knowing that she’s an actress, but knowing that she actually lived it (...) had an impact.03-HP009
ii. Reliable	It just was kind of like reading your own journal but through someone else’s eyes. 02-HP006 (HP&CM)
iii. Courageous	The key factors for me would be that she was really fearless about telling her story. 02-CM006
II. TJCT as a unique learning opportunity:	I thought it was very helpful just to hear the experience from a person’s perspective who actually was struggling with the disorder. 02-HP010
i. The complexity and heterogeneity of BD experiences	More specifically that, I'm seeing that there's more levels of disorder than what I've experienced. 01-CM029
ii. The possibility and opportunity for recovery (e.g., hope)	That’s powerful, because it gives you an image that people can get better, you know. This is where she was at, and this is how she is now. 02-HP027
iii. A demystification of the experiences of BD	I think it just reminded me that they’re just like you and me. They’re just a person who has a story. 02-HP006

CM = person with BD; HP = healthcare provider.