

**Table 6 - Sub-set of participants who demonstrated positive change (quantitatively):**

Qualitative Finding	Participant Quotes
1. Increased empathy	Going from less information to after the play having more information has (...) opened up my compassion. 01-CM029
2. Increased hope	<p>Hope for recovery. (...) Anyone else that I meet that suffers from this and that is honest about what they've lived and how they've lived, and can share that – that gives me hope. 03-CM017</p> <p>It made me feel hopeful for the reduction in stigma. It made me feel hopeful for other people that were watching it that would be inspired by her. 01-HP43</p>
3. Increased openness	<p>I'm probably more vocal about how it, about talking about mental illness than I was before I saw it. 01-HP024</p> <p>It made me, you know, more comfortable and maybe, made me maybe a little more able to tell people I have bipolar disorder. 02-CM006</p>

CM = person with lived experience of BD; HP = healthcare provider.