

lodine knowledge questionnaire



This questionnaire is designed to tell us about a nutrient in your diet called iodine. We are currently undertaking a study looking at this in detail but we are keen to find out what pregnant women know about this nutrient.

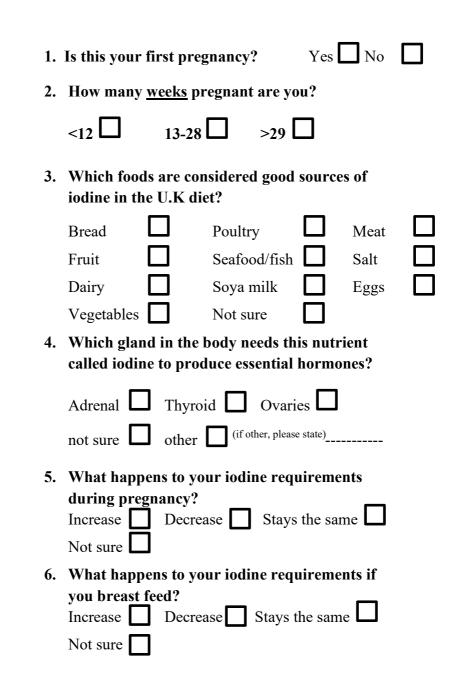
Your answers are confidential and your personal details are not requested in this questionnaire.

Please answer every question, if you are unsure about how to answer, please do the best you can.

CONTACT INFORMATION

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| 7. | effects from a lack of adequate iodine in your | | | | | |
|------------------------------------|--|----------------------|---------------|------------------------|------------------|-------------------|
| | diet? Yes | N | No 🗌 | Not | sure |] |
| | • | what pote of? | ential harr | nful effe | cts are y | 'ou |
| 8. | Can yo Yes | u have t | oo much Jo | iodine i Not | n your o sure | liet? |
| 9. | After becoming pregnant, do you feel you were given enough information about the | | | | | |
| following nutrients? (mark with X) | | | | | | |
| | | Strongly disagree | Disagree | Neither | Agree | strongly agree |
| Calcium | | 0- | -0- | -0- | -D- | -0 |
| Folic Acid | | | -0- | -0- | -0- | |
| Iodine | | | _0_ | -0- | | |
| Iron | | | -0- | -0- | -0- | |
| Vitamin D | | | -0- | -0- | -0- | |
| Any other comments? | | | | | | |
| | | | | | | |