

Supplemental materials

Table 1. Bilateral vestibulopathy symptoms: Physical, Cognitive, Emotions

	First 18 patients (%)	
Physical		
- Imbalance	100%	18/18
○ Unsteadiness during walking or standing	100%	18/18
○ Falling	44%	8/18
○ Losing balance during fast movements	61%	11/18
○ Keeping balance while cycling	89%	16/18
○ Need of support/reference	89%	16/18
○ Unsteadiness during other movements	67%	12/18
- Vision	94%	17/18
○ Oscillopsia	94%	17/18
○ Visual vertigo	78%	14/18
○ Reading difficulties	44%	8/18
- No fast head movements	67%	12/18
- Vertigo attacks	33%	6/18
- Lightheadedness	28%	5/18
- Tinnitus	39%	7/18
- Tiredness	67%	12/18
- Neck pain	22%	4/18
- Nausea	22%	4/18
- Headache	39%	7/18
- Restless mind	17%	3/18
- Sleeping problems	11%	2/18
Cognitive		
- Difficulties with dual tasking	83%	15/18
- Problems with spatial orientation	56%	10/18
○ Disorientation	33%	6/18
○ Misjudging distances	56%	10/18
- Forgetfulness	33%	6/18
- Concentration problems	39%	7/18
Emotions:		
- Sadness	83%	15/18
○ Suffering	28%	5/18
▪ Suffering		
○ Sadness	61%	11/18
▪ Depression, despair, hopelessness, gloom, sadness, unhappiness		
○ Disappointment	17%	3/18
▪ Disappointment, displeasure		
○ Shame	39%	7/18
▪ Guilt, shame		
○ Neglect	72%	13/18
▪ Alienation, isolation, neglect, loneliness, rejection, defeat, insecurity, embarrassment.		
○ Sympathy	6%	1/18
▪ Pity		
- Fear	83%	15/18
○ Horror	17%	3/18
▪ Panic		
○ Nervousness	78%	14/18
▪ Anxiety, dread, tenseness, worry, uneasiness.		

- Anger	50%	9/18
○ Irritation	44%	8/18
▪ Irritation		
○ Exasperation	22%	4/18
▪ Frustration		
○ Rage	17%	3/18
▪ Anger, rage		
- Love	6%	1/18
○ Affection	6%	1/18
▪ Fondness		
- Joy	11%	2/18
○ Contentment	6%	1/18
○ Optimism	33%	6/18
▪ Hope, optimism		
- Surprise	0%	0/18

Parrot's Classification of Emotions (2001)

Primary emotion	Secondary emotion	Tertiary emotion
Love	Affection	Adoration, affection, love, fondness, liking, attraction, caring, tenderness, compassion, sentimentality
	Lust	Arousal, desire, lust, passion, infatuation
	Longing	Longing
Joy	Cheerfulness	Amusement, bliss, cheerfulness, gaiety, glee, jolliness, joviality, joy, delight, enjoyment, gladness, happiness, jubilation, elation, satisfaction, ecstasy, euphoria
	Zest	Enthusiasm, zeal, zest, excitement, thrill, exhilaration
	Contentment	Contentment, pleasure
	Pride	Pride, triumph
	Optimism	Eagerness, hope, optimism
	Enthrallment	Enthrallment, rapture
	Relief	Relief
Surprise	Surprise	Amazement, surprise, astonishment
Anger	Irritation	Aggravation, irritation, agitation, annoyance, grouchiness, grumpiness
	Exasperation	Exasperation, frustration
	Rage	Anger, rage, outrage, fury, wrath, hostility, ferocity, bitterness, hate, loathing, scorn, spite, vengefulness, dislike, resentment
	Disgust	Disgust, revulsion, contempt
	Envy	Envy, jealousy
	Torment	Torment
Sadness	Suffering	Agony, suffering, hurt, anguish
	Sadness	Depression, despair, hopelessness, gloom, glumness, sadness, unhappiness, grief, sorrow, woe, misery, melancholy
	Disappointment	Dismay, disappointment, displeasure
	Shame	Guilt, shame, regret, remorse
	Neglect	Alienation, isolation, neglect, loneliness, rejection, homesickness, defeat, dejection, insecurity, embarrassment, humiliation, insult
	Sympathy	Pity, sympathy
Fear	Horror	Alarm, shock, fear, fright, horror, terror, panic, hysteria, mortification
	Nervousness	Anxiety, nervousness, tenseness, uneasiness, apprehension, worry, distress, dread