

Title: Dysphagia management and cervical auscultation: Reliability and validity against FEES

Journal name: Dysphagia

Online Resource 2. FEES protocol (Part 2, Assessment of swallowing)

Thin liquids (IDDSI-0)

5ml x 2 (via teaspoon)

10ml x 2 (via spoon)

Mouthful x 1 (patient determined mouthful size, via dysphagia ‘nosey’ cup)

20ml (via several mouthfuls)

Mildly thick liquids (IDDSI-2): Ekströms “nyponsoppa”

5ml x 2 (via teaspoon)

10ml x 2 (via spoon)

(if safe)

10ml x 3 (via spoon)

Extremely thick liquids (IDDSI-4) Ekströms apricot “kräm”

5ml x 2 (via teaspoon)

10ml x 2 (via spoon)

(if safe)

10ml x 3 (via spoon)

Soft biscuit (IDDSI-7)

¼ Göteborg’s “Marie” biscuit, dunked in nyponssoppa

Thin liquids (IDDSI-0)

10ml x 2 (via spoon)

and/or mouthful (via dysphagia cup)