

Question: Should VBloc vs. non-surgical management be used for weight loss?

Certainty assessment							No of patients		Effect		Certainty	Importance	
No of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	VBloc	non-surgical management	Relative (95% CI)	Absolute (95% CI)			
%EWL (follow up: mean 1 years)													
2	randomised trials	serious ^a	not serious	not serious	not serious	none	One randomized double blind multicenter trial (n=192) and one randomized sham controlled trial (n=162) demonstrate excess weight loss of respectively 17% and 24.4% after 1 year of Vbloc-therapy. Unblinded follow up of VBloc-arm (n=123) of the sham controlled trial suggests sustained weight loss up till 24 months.				⊕⊕⊕○ MODERATE	CRUCIAAL	
IWQL (follow up: mean 1 years)													
1	randomised trials	not serious	not serious	not serious	not serious	none	192	102	-		MD 2 more (1.52 more to 2.48 more)	⊕⊕⊕⊕ HIGH	BELANGRIJK
Morbidity (follow up: mean 1 years)													
2	randomised trials	not serious	not serious	not serious	very serious ^b	none	38/354 (10.7%)	12/179 (6.7%)	OR 3.05 (0.16 to 56.73)		113 more per 1.000 (from 56 fewer to 736 more)	⊕⊕○○ LOW	CRUCIAAL

CI: Confidence interval; MD: Mean difference; OR: Odds ratio