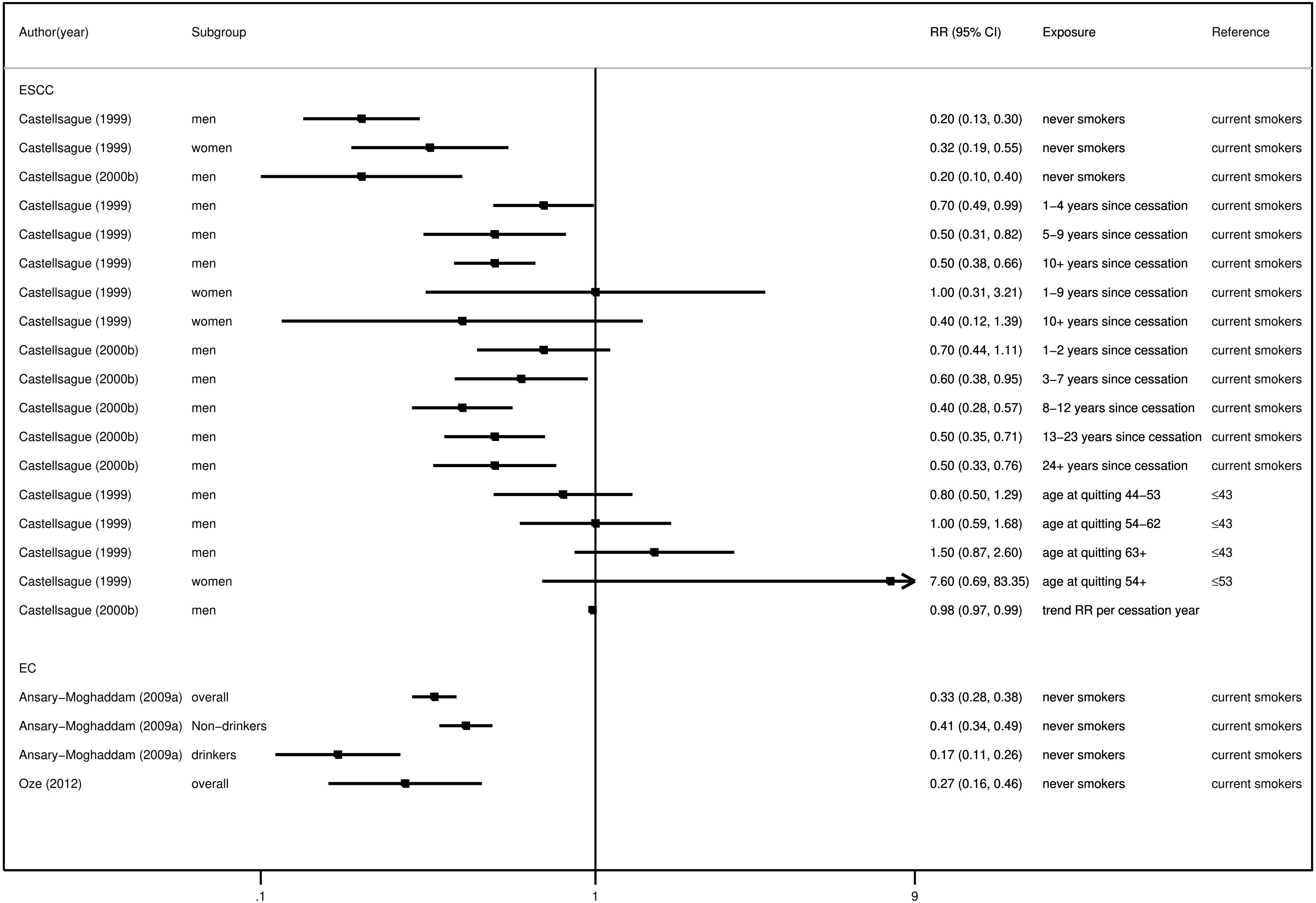Tobacco smoking cessation