

**Why do children and adolescents (not) seek and access professional help for their mental health problems? *A systematic review of quantitative and qualitative studies***

*European Child and Adolescent Psychiatry*

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Electronic Supplementary Material 4: Quality Rating Checklists

**Table 1** Quality rating checklist for quantitative studies

	Yes = 2	Partial = 1	No = 0
Question / objective sufficiently described			
Study design evident and appropriate			
Method of participant selection described and appropriate			
Sample size appropriate			
Participant characteristics sufficiently described			
Measure of barriers/facilitators well defined			
Measure robust			
Analyses described/justified and appropriate			
Results reported in sufficient detail			
Conclusions supported by the results			

*Modified version of Kmet et al's (2004) Standard Quality Assessment Criteria*

**Table 2** Quality rating checklist for qualitative studies

	Yes = 2	Partial = 1	No = 0
Question/objective sufficiently described			
Are the research question/s suited to qualitative inquiry			
Study design well described and appropriate			
Context of study clear			
Sampling strategy described, appropriate and justified			
Data collection methods systematic, clearly described and appropriate for research question			
Data analysis systematic, clearly described and appropriate for research question			
Use of verification procedures to establish credibility			
Are the claims/conclusion credible?			

*Modified version of Kmet et al's (2004) Standard Quality Assessment Criteria, incorporating Dixon-Woods et al's (2004) prompts*